

First Evangelical Lutheran Church Health Plan

As the news and concern over the COVID-19 situation continues, we here at FELC are taking prudent steps in order to keep our community healthy. We are currently keeping all programs running, but we are developing a more detailed plan as we move forward. We will be using emails, our website, and Facebook page to keep everyone updated.



PERSONAL PREPAREDNESS:

For 80% of cases, COVID-19 is a mild illness that does not require hospitalization. We CANNOT eliminate COVID-19, but we can limit its spread by:

- ✚ Washing hands with warm water and soap for at least 20 seconds frequently.
- ✚ Avoid touching your face (eyes, nose, & mouth).
- ✚ Stay home if you are at high risk, are feeling sick, or are caring for someone who's sick. We are currently exploring options on how to post sermons online. The worship bulletin, however, is on our website.
- ✚ Replace handshakes and hugs with a wave and a verbal greeting. Practice physical distancing, not social distancing.
- ✚ Cover coughs and sneezes with your elbow or a tissue, and then wash your hands.
- ✚ Self-quarantine if you have traveled to any areas of possible infection (cruises, foreign countries, etc.)
- ✚ Self-monitor any symptoms you may have, seek advice by telephone from a healthcare provider to determine whether medical evaluation is needed.
- ✚ Use the CDC's website: <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html> and the MDH's website: <https://www.health.state.mn.us/#coronavirus> to receive accurate information about COVID-19.

OUR PLAN AS A COMMUNITY OF FAITH:

STAGE	INDICATOR	ACTION ITEM
1- WARNING	Confirmed cases in MN	<ol style="list-style-type: none"> 1- All worship, ministry, and small groups are still active. 2- Extra sanitation and cleaning around the church. 3- Encourage handwashing and use of hand sanitizer. 4- Busy bags will be removed from Sanctuary. 5- Communicate with words rather than handshakes including as we "share the peace". 6- Everyone in the kitchen will wear gloves at all time. 7- Encourage those who don't feel well to stay home. 8- Use offering plates on stands instead of passing the plate.
2- ALERT	Confirmed case within the immediate community (Chisago County and Poik County, etc.)	<p><i>In addition to Stage 1 action items:</i></p> <ol style="list-style-type: none"> 1- No Sunday morning fellowship hour or serving of food. 2- No Wednesday night meals. 3- Extra cleaning and sanitation before and after worship services. 4- Begin to develop plans with organizations that are connected with FELC's ministry- Food4Kids Backpack Program, Community Meals, Lakes & Pines, U.C.C, etc.
3- CRITICAL	Confirmed case within our church community.	<ol style="list-style-type: none"> 1- All worship, group meetings, youth and children events will be suspended. 2- No meetings will be held in church facilities. 3- Everyone is asked to participate in online worship. 4- A phone tree, our website, and Facebook page will be used to keep members connected and informed about decisions moving forward.